

# If I Knew Then by Mike Adams (Capo 6<sup>th</sup>)

**Intro** G----Am7----Em---C

## Verse 1

If I could sit with the man I used to be,  
I'd tell him life ain't meant to chase endlessly.  
Slow down your heartbeat, breathe in the day,  
Don't let the small things, pull you away.  
There's more to living than running so fast,  
You'll miss the good stuff if you don't let it last.

## Chorus

If I knew then what I know now, I'd hold on tighter, I'd stand more proud.  
I'd take the long road, not the easy route. Learn to listen before I shout.  
Life's a teacher, steady and loud — If I knew then what I know now.

## Verse 2

I'd tell that younger man not to fear the fall,  
Every stumble's just a lesson after all.  
Don't hide your feelings... ..don't turn away...  
Let the ones you love hear what you say.  
Time moves quicker than you understand,  
So give your heart while you still can. **^^^Back up to Chorus^^^**

## Bridge

I'd say forgiveness is worth more than pride,  
And peace comes easier when you let things slide.  
You can't rewrite the pages already penned,  
But you can change the story from here on in.

## Verse 3

I'd tell him joy comes in moments you don't plan,  
Like quiet mornings or a helping hand.  
Don't chase perfection, it won't be found,  
Find your footing on solid ground.  
And when you're hurting... ..don't walk alone —  
Even the strongest need a place to call home. ←Back Over to Chorus

## Outro

So here's to the man I used to be,  
And the one I'm learning now to see.  
Every mile has shown me how — hmmm  
I'd live it different, knowing what I know now. hmmm