

Steady Your Heart by Mike Adams (Capo 6th)

Intro G---Am7-----C---G-----G---Am7-----C*

Verse 1

He walks in smiling... ...plays the part.
Says all the right things... ...to win your heart.
But something's off... ...behind his eyes.
The warmth fades fast, the cold arrives.

Chorus 1

Steady your heart... ...don't fall too fast.
See through the act... ...that never lasts.
Sweet then cruel... ...then sweet again.
Steady your heart... ...cause only fools rush in.

Verse 2

He brings gifts... ...when the damage is done.
Holds you close... ...till the morning sun.
Promises change... ...with tears in his eyes.
But the same old storm, always arrives.

Chorus 2

Steady your heart... ...don't fall too fast.
See through the lies... ...that never last.
Sweet then cruel... ...then back again.
Steady your heart... ...cause only fools rush in.

Bridge

C* You deserve more than this back and forth. **G***
C* Love shouldn't hurt or twist you up. **D***
G Am7 C G
Step back slow... ...protect your peace.
Am7* D*
Find the love, that brings you ease.

Verse 3

G Am7 C G
The road is yours... ...the choice is clear.
G Am7 D*
Don't trade your worth... ...for empty cheer.
G Am7 C G
Trust what he does... ...not what he says.
Am7* D*
Guard your heart, through the haze.

Final Chorus

G Am7 C G
Steady your heart... ...don't fall too fast.
G Am7 D*
Leave behind... ...what could never last.
G Am7 C*
No more cruel... ...no "sweet again".
Am7* D* G---Am7-----C---G
Steady your heart... ...cause only fools rush in.

Outro

Am7* D* G
Steady your heart... Steady your heart... cause only fools rush in.